STAIRWING

Q.M. What is fixation? Describe the principles of staining with reference to different types of stains used in the study of cell.

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The process of colouring the cells, tissues of animal or plant bodies by certain inorganic or organic dyes is known as **staining**. The selection of dye or stain for a particular material usually depends on its chemical nature, the pH value of the fixative used and the chemical reactivity of stain to the material.

Stains. Most cytological stains are solutions of dyes of aromatic organic compounds which have two kinds of active chemical groups such as, **chromophoric** and **auxochromic** groups. The **chromophoric groups**gives the colour to the dye, *e.g.*, carboxyl (—COOH), azo (—N=N—), nitro

 $(-NO_2)$ quinoid $(O = \bigcirc = O)$ and indamin (-N=) groups. The **auxochromic group** gives to the dye the ability to attach to the tissue or the material and to dissolve and dissociate, in the water, e.g., Hydroxy (-OH) group.

The organic stains are classified into three groups: 1. acidic stains, 2. basic stains, and 3. neutral stains.

- 1. Acidic stains. The acidic stains are usually used for the cytoplasm and proteins. These have great capacity for the combining with the tissue at low pH than basic dyes. The most common cytological acidic stains are picric acid, acid fuchsin, Congo red, Janus green B, orange G, methyl blue, eosin, aniline blue, Bismark brown and fluorescein.
- 2. Basic stains. The basic stains are used to stain the nucleus, chromosomes and particularly the nucleic acids. The most common cytological basic stains are basic fuchsin, crystal violet, methyl green, safranine, acridine red, azures, methylene blue, thionine and haematoxylin.
 - 3. Neutral stains. The neutral stains have both the properties of acidic and basic stains.

Acidiphilic and basiphilic tissues. The tissue, cell or cellular component taking acidic stains is known as acidiphilic tissue, cell or cellular component, e.g., the cytoplasm. The nucleus, chromosomes and DNA have affinity for the basic stains and known as basiphilic organelles.

Metachromasia. Some basic dyes stain certain cell components with a different colour than their original colour. This property of stain is known as metachromasia and is very useful for histochemical and physiochemical tests. The property of metachromasia is displayed by the basic stains such as thionine, azure A and toluidine blue which react with mucopolysaccharides, nucleic acids and acidic lipids.

Mordant and lake. Certain dyes stain the proteins and cytoplasm in the presence of some metal or metallic compound which is known as mordant. Usually chemically a mordant is a double salt of potassium or ammonium or ferric sulphate. The mordant and the stain are collectively known as the lake. The most important mordant is ferric ammonium sulphate (iron alum), which is used along with the stain haematoxylin and carmine.

Staining for Light Microscopy

For light microscopy both acidic and basic stains are used for the staining of cells or tissue. The stains are specific for different types of cells and also for different organelles of cell. The cytoplasmic

proteins and carbohydrates are stained by acidic stains, while the nucleus, chromosomes, etc., are stained by basic stains.

Staining for Electron Microscopy

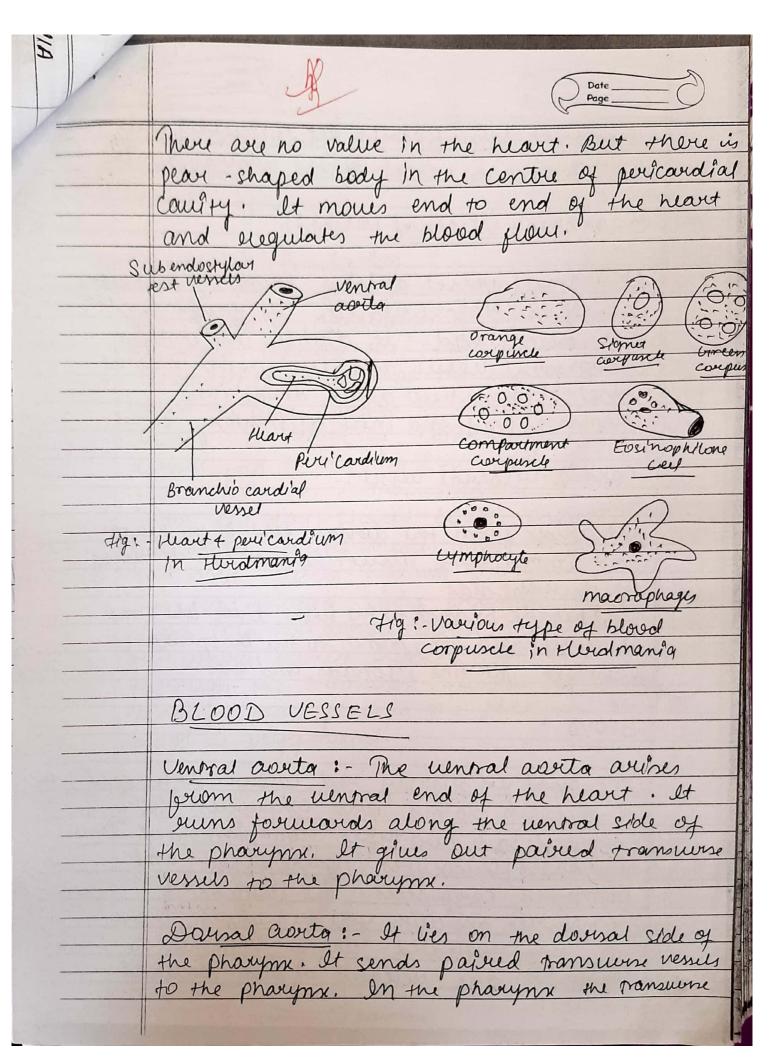
Electron microscopy usually requires no stain because beside observing visually, the image is photographed and due to the contrast between cellular components a black and white photograph is received. But certain inorganic stains such as lead acetate, lead citrate, lead hydroxide, urynyl acetate, phosphotungstic acid, osmium tetroxide and potassium permanganate are used to increase contrast between cellular components. Sometimes certain organic stains as azure II, leucofuchsin, orcein, etc., are also used to increase the contrast.

Cytochemical Staining

In addition, there are certain specific stains, called cytochemical stains that bind selectively to some specific groups of cellular macromolecules such as proteins, nucleic acids, polysaccharides and lipids. For example, Millon reaction, diazonium reaction and Napthol Yellow 5 stain are used for the proteins; alkaline fast green is used for histone (basic protein); Feulgen reaction (using Schiff's reagent) is used for DNA; methyl green-pyronine stain (Unna-Pappenheim stain) is used in distinguishing between DNA and RNA and it stains DNA green and RNA red; acetocarmine and acetoorcein stains are used to stain chromosomes of dividing cells; periodic acid-Schiff (PAS) reaction is used for the demonstration of polysaccharide materials such as starch, cellulose, hemicellulose, and pectin in the plant cells and mucoproteins (glycoproteins), hyaluronic acid and chitin in animal cells; and fat soluble dyes such as Sudan Red and Sudan Black B are used for the lipids. The Sudan Black B is a specific stain for phospholipids and is used to stain Golgi apparatus.

Vital Staining

Vital stains selectively stain the intracellular structures of living cells without serious alteration of cellular metabolism and function. For example, Janus green B selectively stains mitochondria; neutral red stains plant vacuoles and methylene blue stains Golgi apparatus and also nuclear chromatin of dividing cells.



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