

hyperglycemic antidiabetic factor which regulates blood glucose. It was first isolated in 1921 and got Nobel prize in 1923. It is a small protein of 51 amino acid units. It has two parallel chains A and B, inter-linked by disulfide bonds. A chain has 21 amino acid units, thus B chain has 30 amino acid units. Molecular weight is 6,000.

glucose in tissues. Insulin facilitates the uptake of glucose by the hexokinase. Glucose-6-phosphatase converts glucose to liberate

glucose into cell.

release of glycogen from glucose and muscles.

release of glucose from non-liver protein and fats.

ketone bodies (Antiketogenic effect) is inadequate fat

release, because fat must be broken down for release of energy.

The large increase in

the amount of $\text{CH}_3\text{CO}\cdot\text{COA}$ which accumulates from the breakdown of fat is too great to be dealt with by the cellular TCA cycle. Instead of being combined with oxaloacetic acid in the first stage of that cycle, it passes to the liver where it is condensed to form acetoacetic acid. The liver is unable to utilize it and therefore, the acid is delivered to the body tissue by circulation. In blood, the acetoacetic acid undergoes further dissimilation forming β -hydroxybutyric acid and acetone. These degradation products are known as ketone bodies.

- 5) It stimulates protein synthesis and growth e.g., nitrogen retention, bone formation etc. Increases the incorporation of amino acids into peptides.
- 7) Decreases leipoemia i.e. accumulation of excess fat in blood and liver.

Deficiency:-

Insulin deficiency causes diabetes mellitus. This is a disorder of carbohydrate metabolism characterised by:

- 1) Hyperglycemia:- It is a condition in which blood sugar increases above the mammal level (80-120 mg/100 ml).
- 2) Glycosuria:- It is a condition in which glucose is present in urine in such quantities as it will reduce Benedict's or Fehling's reagent. It occurs when sugar level in blood exceeds ^{more} than 180 mg.
- 3) Polyuria:- The high glucose level in the nephric filtrate increases osmotic pressure, sharply reducing the reabsorption of water ^{back} in blood, hence victim of the disease urinate large volume of urine frequently.
- 4) Dehydration:- The continued loss of water and electrolytes in the urine leads to increasing dehydration.
- 5) Polydipsia:- Because of polyuria, the patient is thirsty in spite of drinking large amount of water.
- 6) Weight loss → Instead of polyphagia (increased appetite) the patient loses weight because excessive breakdown of protein.

7) Abnormal metabolism of fat:-

Muscles are unable to utilize glucose in the absence of insulin, therefore the diabetic feel weak and tired. Since the carbohydrate cannot be used as fuel, fat is used instead to provide energy.

- (i) Lipaemia :- fat are mobilized from the body stores and transferred to the liver, hence fat content of the liver and blood rises.
- (ii) Ketosis :- the disproportionate metabolism of fat in diabetes result in the over production of ketone bodies.
- (iii) Acidaemia or Acidosis :-

As acetoacetic acid and β -hydroxybutyric acids are produced faster than they can be metabolised.

- ## 8) Diabetic Coma :-
- The ketoacidosis is associated with increasing drowsiness and untreated, the patient may become unconscious (diabetic coma).

(B) GLUCAGON :-

It is a polypeptide consisting of 29 amino acids arranged in a single chain. The effect of glucagon is to cause a rise in the blood glucose level by mobilizing the glycogen in the liver, which is broken down to glucose.

The pancreatic hormones are secreted into the hepatic portal vein, so that the liver forms a barrier between the hormones and body cells. The liver destroys glucagon before it can get into the body circulation and its metabolic action is exerted solely upon the liver cells. Therefore the ability of the liver to destroy the hormones has resulted in failure of its effect on muscle glycogen.

(i) Somatostatin :-

The same substance are growth inhibiting hormone from the hypothalamus is